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# Recognising & Assessing Positive Welfare: Developing Positive Indicators for Use in Welfare Assessment.

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# Assessing Animal Welfare

- Focus has been on negative indicators.

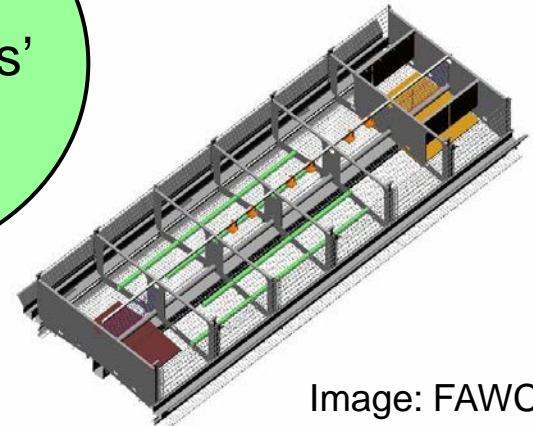
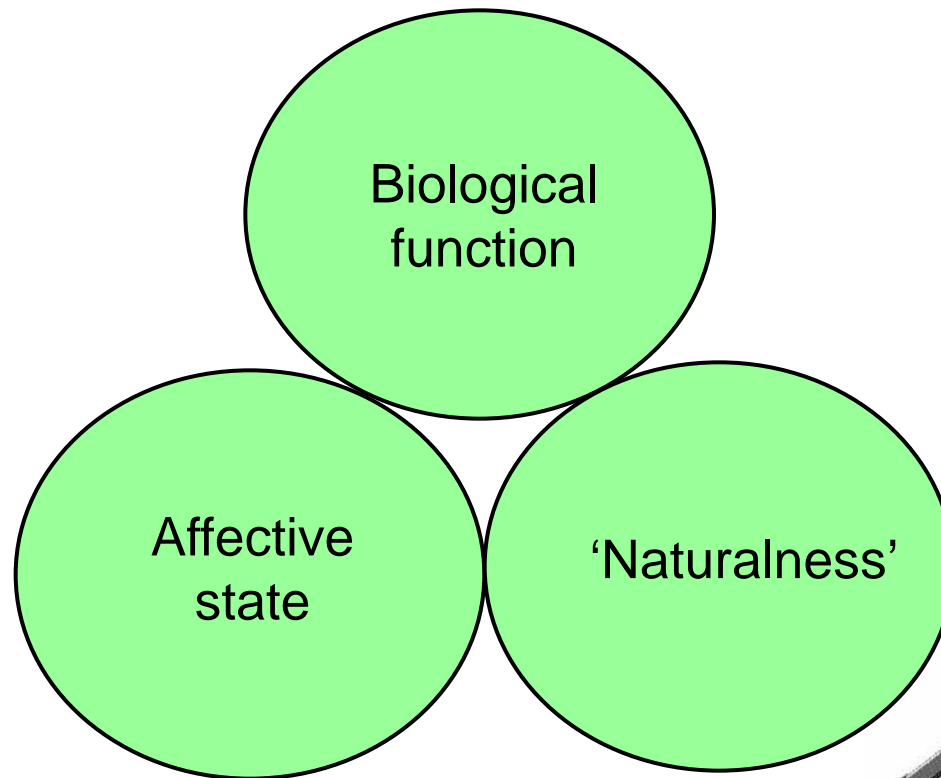


Image: FAWC

# Positive Welfare Indicators: A Proactive Approach

- 3 main approaches:
  - Indications of contentment / pleasure
  - Luxury behaviours
  - Behaviours that support the ability to cope with challenge



# Indications of contentment / pleasure.

- Good welfare = absence of negative experiences + ability to experience positive affective states.
- Controversial – evidence of emotions debated still in many species.
- Recent advances in neuroscience have been used to evidence the existence of positive affective states in animals with regards to behaviours such as positive anticipation (Spruijt *et al.*, 2001).
- More evidence / ability to test for common lab species but impractical in other animal sectors.

# Luxury behaviours.

- First behaviours to be lost during challenging situations.
- Need to identify appropriate luxury behaviours for each species, e.g. play, allogrooming, certain vocalisations (Donaldson *et al.*, 2002; Thornton & Waterman-Pearson, 2002; O'Connell *et al.*, 1989; Schön *et al.*, 2004).
- **Problem:** Most legislation focuses on meeting 'fundamental' behavioural needs (Jensen & Toates, 1993) so situation may never exist for luxury ones to occur.
- **Possible solution:** Behavioural diversity to assess spread across behavioural repertoire and avoid potential over-recording of self-rewarding luxury behaviours, e.g. allogrooming.

# Shannon-Weaver diversity index

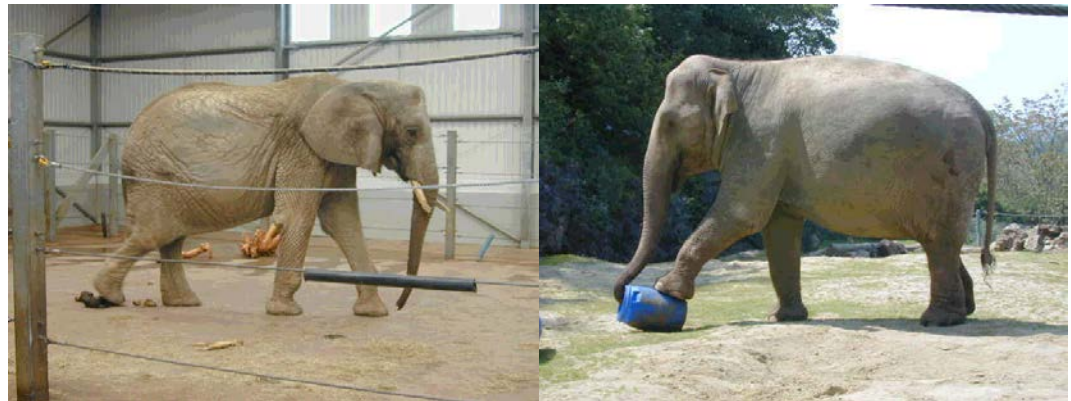
- Developed as a biodiversity index in ecological research – indicates relative spread of subspecies within a sample area.
- Increasingly employed in zoo collections to determine spread of individual behaviours within an activity budget (McCormick & Melfi, unpublished).
- Can identify more subtle changes in activity budgets as a result of different housing & husbandry aspects.

$$H = -\sum(P_i \log[P_i])$$



# Shannon-Weaver diversity index

- Morning enrichment caused a significant increase in behavioural diversity for both elephants whether training was present or not (Duchess:  $df=1$ ,  $F=9.04$ ,  $p=0.008$ ; Gay  $df=1$ ,  $F=8.30$ ,  $p=0.011$ ).
- Husbandry altered to provide enrichment earlier in the day when most effective at creating spread of behaviours.





# Behaviours that support the ability to cope with challenge.

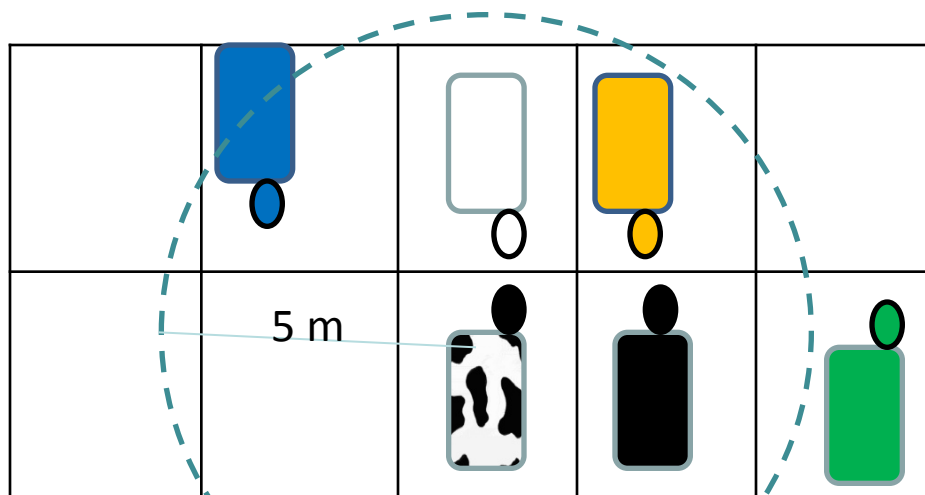
- Stress is 'natural' and often unavoidable so the key is the ability to cope.
- Animals unable to 'cope' with stressors experience allostatic overload.
- Important to identify behaviours / situations that allow coping.
- Limited evidence linking positive affective states to coping but connection to negative ones shown:
  - In rats, negative affective states are associated with faster startle responses and reduced anticipatory behaviours (Boissy *et al.*, 2007; von Frijtag *et al.*, 2000)

# Social support in dairy cattle

Large, dynamically managed, dairy cattle herd.



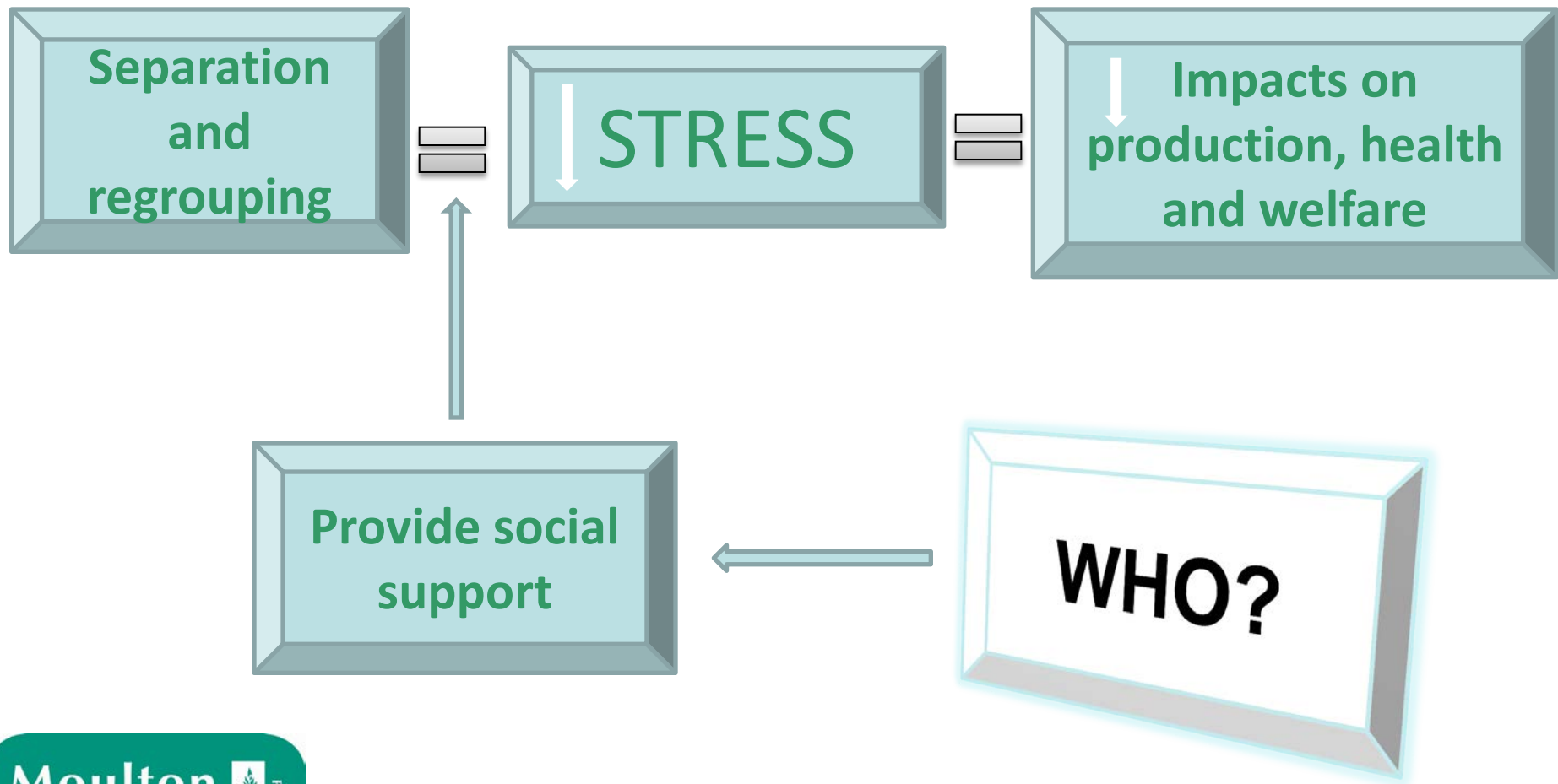
Krista McLennan



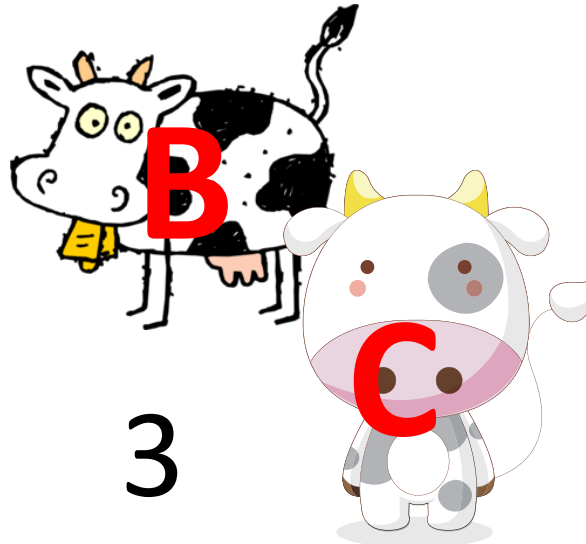
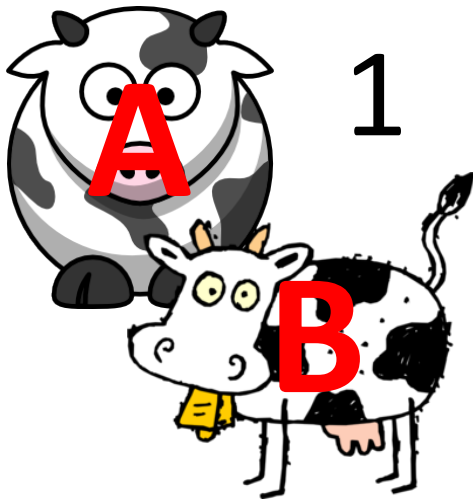
N.B. Not to scale

Heifers (52%,  $n=34$ ) were significantly more likely to have one or more preferred partners compared to cows (32%,  $n=12$ ) ( $X^2 = 8.210$ ,  $df=1$ ,  $p=0.004$ ) with relation to the probability of being associated with a particular individual.

# Effects of social separation



# The three stages



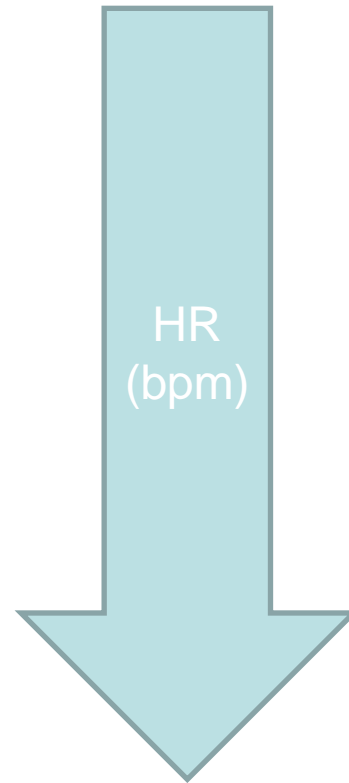
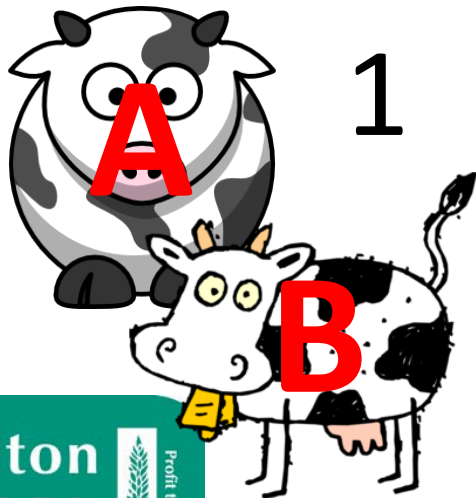
# Social separation

- Separated into holding area and Polar (Protrainer 5 Equine RS800) heart rate monitor, adapted for use in cattle fitted.
- HR recorded every 15 sec (after 2-5 min acclimatisation period).
- Cattle behaviour in holding area studied by video, released partner in herd studied using Noldus Observer XT, for 30 min.
- Milk & saliva samples taken.
- Release back to herd - runway test.
- Observe 5 min reunion behaviour.



# Mean heart rate results – PP vs. PR

80.2  $\pm$  1.67  
bpm



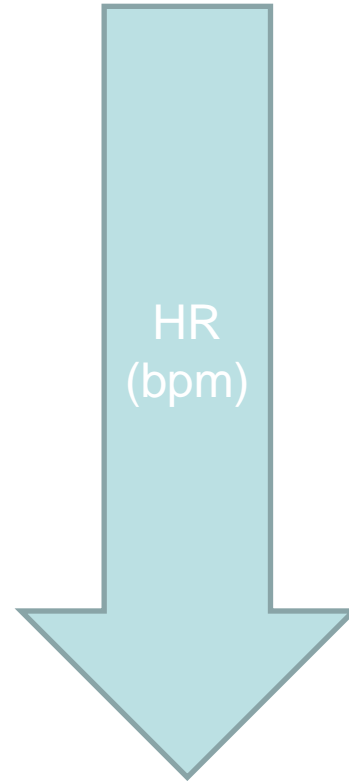
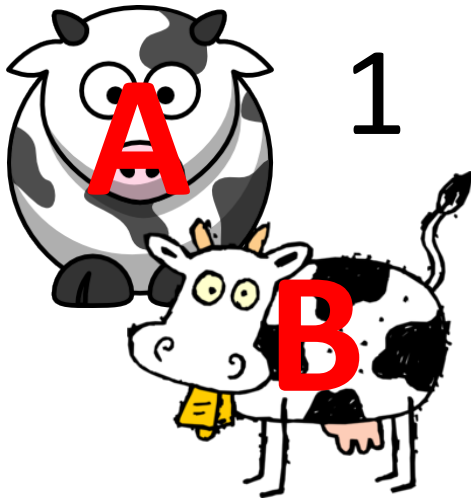
$P < 0.001$

82.6  $\pm$  1.85  
bpm

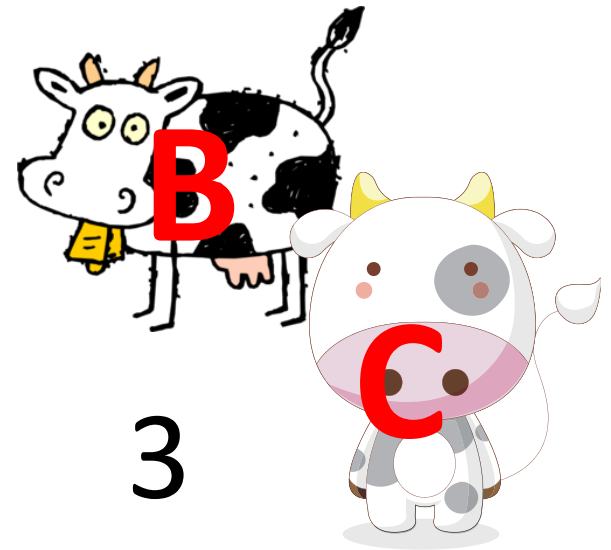


# Mean heart rate results – PP vs. RP

$80.2 \pm 1.67$   
bpm



$79.87 \pm 1.17$   
bpm

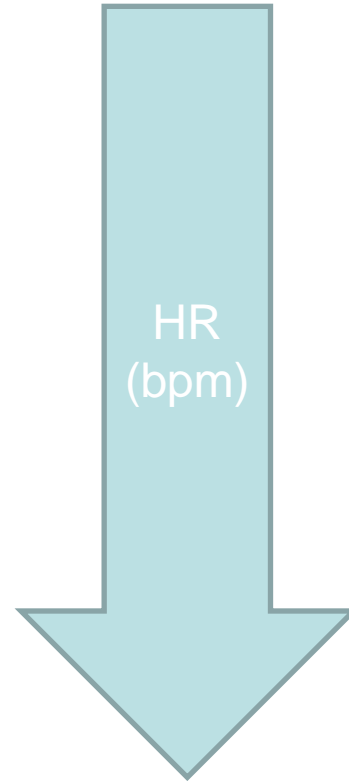


$P > 0.05$

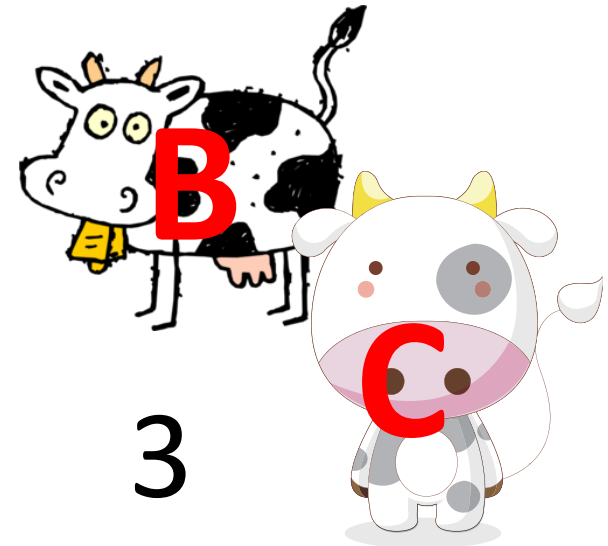


# Mean heart rate results – PR vs. RP

Median 82.3  
bpm



Median 79.6  
bpm



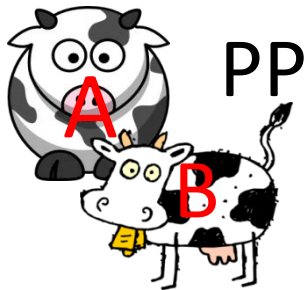
$P < 0.0001$

# Cortisol Results – PP vs PR

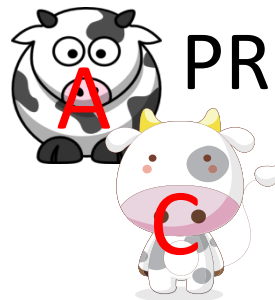
## Milk

- No significant difference
  - $Z = 4, P > 0.05$

$2.04 \pm 5.39$  ng/mL



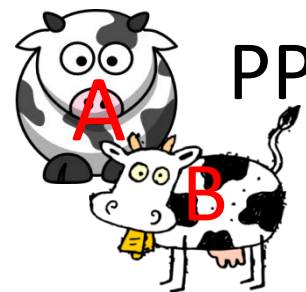
$1.04 \pm 1.60$  ng/mL



## Saliva

- No significant difference
  - $T = -2.33, P > 0.05$

$2.84 \pm 4.80$  ng/mL



$3.66 \pm 5.05$  ng/mL



# Study conclusions

- Commercial dairy cattle can form preferential social bonds.
- In short term social isolation, the presence of a preferred partner can help an individual cope.
- Some individuals appear to benefit more from social support than others.
- More work may be needed to allow the development and maintenance of social bonds in commercial settings to improve welfare.

# Potential use in lab animal welfare assessment

- Researchers working on animal welfare in farming and captive exotic settings have started to employ techniques from other scientific fields.
  - The Shannon-Weaver diversity index provides a fairly straight-forward way to assess the potential for an animal to perform a greater behavioural repertoire within a given setting.
  - Although more time consuming initially, identification & maintenance of the factors that improve coping (such as social bonds) will allow for the development of higher welfare systems.

# Questions



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